

38TH CITA — KIRKWOOD FIRE SCHOOL

KIRKWOOD COMMUNITY COLLEGE | CEDAR RAPIDS, IOWA

Sept. 28, 2024



WWW.KIRKWOOD.EDU/FIRESCHOOL



Kirkwood
COMMUNITY COLLEGE

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LOCATION

Kirkwood Continuing Education Training Center
(KCETC)
101 50th Ave. SW, Cedar Rapids, Iowa 52404



CITA – KIRKWOOD FIRE SCHOOL

Since 1986, the Central Iowa Training Association (CITA) and Kirkwood Community College have partnered together to bring you the CITA – Kirkwood Fire School. As one of the largest fire schools in the state, the CITA – Kirkwood school efficiently uses resources to meet fire service personnel needs in Iowa and nearby states.

2024 FIRE SCHOOL SCHEDULE

Saturday, Sept. 28, 2024

7:30 – 8:45 a.m.

Participant Check-In and Vendors Open

9 a.m. – Noon

Classes in Session and Vendors Open

11:30 a.m. – 1:30 p.m.

Lunch (staggered schedule) and Vendors Open

Noon – 1 p.m.

Check-In for Afternoon Learning Seminars and Vendors Open

1 – 4 p.m.

Classes in Session and Vendors Open

FIRE SCHOOL SCHEDULE AT-A-GLANCE

ONE-DAY CLASSES (6 HOURS + LUNCH)

9 – 4 p.m.	Auto Extrication Basics (Hands-On)
9 – 4 p.m.	Beginner Basics for Structural Firefighters
9 – 4 p.m.	Fire and Safety Operations Training for Motorsports Venues (Hands-On)
9 – 4 p.m.	Grain Bin Rescue Training (Hands-On)
9 – 4 p.m.	Remember EMS Rule #1? (Hands-On)
9 – 4 p.m.	SCBA Confidence Course: The Point of No Return — Do You Have What it Takes to Get Back? (Hands-On)
9 – 4 p.m.	School Bus Rescue (Hands-on)
9 – 4 p.m.	Structural Firefighting (Hands-On)
9 – 4 p.m.	Vehicle Extrication: Big Rig Rescue (Hands-On)

9 – 12 p.m.

1 – 4 p.m.

LEARNING SEMINARS (3 HOURS)

	✓	Anatomy of a Disaster
✓	✓	Fire Investigation: What You Need to Know
	✓	Image Trend — Getting the Data Back Out
✓		NFIRS/Image Trend Basics
	✓	Mental Health for First Responders
✓		Preplans and Operating at Buildings with a Fire Protection System
✓	✓	Recognizing the Warning Signs of Flashover and Fire Behavior (Hands-On)
✓	✓	Size Up: Understanding and Interpreting Buildings
✓		Trauma in Agriculture Emergencies

“All fire school classes have been great... look forward to what is offered in the future.”

ONE-DAY CLASSES

Auto Extrication Basics (Hands-On)

This course provides basics hands-on training for fire and rescue personnel in size-up, stabilization, hazard control, patient access, disentanglement, and scene control techniques at automobile accidents involving one or two vehicles remaining on their wheels. Emphasis is placed on proper choice, placement, and use of equipment available locally. The tools and techniques used in vehicle extrication are applied to any situation where a patient must be removed from an area of entrapment. This class will especially focus on the use of cribbing, lifting airbags, and struts. **Full NFPA-compliant protective clothing and safety glasses will be required for all students involved in the hands-on portion of this class.**

All Fire and Rescue Service Personnel.

ETFR-5800 / 1 session / \$60

>145318 Sat 9am-4pm Sep 28

PRI Staff Instructors and FSTB Field Instructors

Beginner Basics for Structural Firefighters (Hands-On)

NEW This course is designed to give new firefighters the minimum basic knowledge and skills for practical and cognitive training needed to operate safely and effectively on the fire ground. Students will complete numerous evolutions for fire hose handling, SCBA, fire streams, and live fire training. Please note this is not a substitute for the full Firefighter 1 course but an introduction. **Full NFPA-compliant protective clothing and SCBA will be required for all students involved in the hands-on portion of this class.**

All Fire and Rescue Service Personnel.

ETFR-5800 / 1 session / \$60

>145382 Sat 9am-4pm Sep 28

John Zlabek, Hiawatha/Walker Fire and Kirkwood Fire Instructors

Fire and Safety Operations Training for Motorsports Venues (Hands-On)

This course is based on the NFPA 610 guide for emergency and safety operations at motorsports venues. Topics covered include proper selection, use and maintenance of PPE, proper selection and use of fire extinguishing equipment, minimum staffing and equipment requirements, extrication equipment, and communications equipment, protocols, and techniques. There will also be live fire training and extrication evolutions using actual race cars for the students to utilize cooperatively with their new skills. **Lightweight Rescue or Fire Helmet, safety glasses, full firefighter turnout or extrication coveralls, and leather or extrication gloves are required for all students involved in the hands-on portion of this class.**

All Fire and Rescue Service Personnel.

ETFR-5800 / 1 session / \$60

>145306 Sat 9am-4pm Sep 28

PRI Staff Instructors and FSTB Field Instructors

Grain Bin Rescue Training (Hands-On)

NEW This course will include hands-on training using a state-of-the-art grain engulfment simulator. Students will learn the four main causes of grain engulfments as well as how to rescue a victim from a partial or full entrapment. They will also learn to treat patients with crush and compartment syndrome and airway obstructions. **Full NFPA-compliant protective clothing and safety glasses will be required for all students involved in the hands-on portion of this class.**

All Fire and Rescue Service Personnel.

ETFR-5800 / 1 session / \$60

>145377 Sat 9am-4pm Sep 28

NECAS Staff (National Education Center for Agricultural Safety) and FSTB Field Instructors

Remember EMS Rule #1? (Hands-On)

NEW Blood goes round and round, air goes in and out — anything different than this, there is a problem. Remember when you first got your EMS certification, you did everything by the book? Over the years you learned the “street methods” for doing things. Using those street smarts and critical thinking skills that have developed over the years, let’s go back to the basics of medical and trauma care. What is going on with the patient? From scene safety, airway management, and beyond, we will review those basic assessment and procedural skills. We’ll discuss emerging trends in the prehospital setting to determine treatment(s) and outcomes in our patients. We will also review several case studies using critical thinking skills.

*All Fire, EMS and Rescue Service Personnel.
(6.0 CEHs Pending Approval)*

ETFR-5800 / 1 session / \$60		
>145307	Sat 9am-4pm	Sep 28
Emergency Training Center, LLC		

SCBA Confidence Course: The Point of No Return — Do You Have What it Takes to Get Back? (Hands-On)

This class is designed for both the new and experienced firefighter. We utilize a short amount of classroom time to cover important aspects of the training but put most of the focus of the class into the hands-on portion. By incorporating several props, we can create an SCBA course that will challenge the experienced firefighter and build confidence in the new firefighter. As you maneuver through the course, you will be challenged to work on air conservation, disorientation, mayday, communications, and other tactical functions used during interior operations. You will not be sitting around when not in the SCBA course; you will be put through several other skills utilizing tools, webbing, and teamwork. The goal of this class is to have participants walk away feeling challenged and possess more confidence in their ability to function in an SCBA during a stressful situation. This class will start at Kirkwood and move over to Monroe Township Fire Department, 3421 Midway Rd, Toddville.

Full NFPA-compliant protective clothing and SCBA will be required for all students involved in the hands-on portion of this class.

All Fire and Rescue Service Personnel.

ETFR-5800 / 1 session / \$60		
>145321	Sat 9am-4pm	Sep 28
Monroe Township Fire Department Personnel		



School Bus Rescue (Hands-On)

Do you think of young children in a large yellow vehicles when you see the words “school bus?” Think again. This course will take a look at school buses today and various rescue methods to include advanced extrication techniques and patient care challenges. Upon completion, the student will be able to: identify early in the incident the resources involved due to multicasualties; demonstrate proper patient packaging and removal techniques; recognize the need for S.T.A.R.T. Triage System and understand the special medical needs associated with bus accidents. **Full NFPA-compliant protective clothing and safety glasses will be required for all students involved in the hands-on portion of this class.**

All Fire and Rescue Service Personnel.

ETFR-5800 / 1 session / \$60		
>145317	Sat 9am-4pm	Sep 28
PRI Staff Instructors and FSTB Field Instructors		

Structural Firefighting (Hands-On)

If you want to get HOT “Hands-On Training,” this class is for you! You will spend time in the classroom discussing vital lifesaving topics such as: Modern Fire Dynamics from the latest NIST and UL studies, Transitional Attack, and SLICE-RS Instructors will utilize the most current research to assist in developing basic fire attack skills. Participants will then witness this training in action by entering Customized Firefighter Trainings live fire simulation trailer. It simulates a house fire with propane burners and the use of class A materials. Who would send a FF to face a situation in the real world that he has not seen in training? **Full NFPA-compliant protective clothing and SCBA will be required for all students involved in the hands-on portion of this class.**

All Fire and Rescue Service Personnel.

ETFR-5800 / 1 session / \$60		
>145319	Sat 9am-4pm	Sep 28
Customized Firefighter Training		



**Vehicle Extrication — Big Rig Rescue
(Hands-On)**

Accidents involving tractor-trailers and other large vehicles call for specialized knowledge and skills on the part of emergency responders. This course is designed for emergency response personnel who have technician-level training as well as prior experience in vehicle extrication. Explore hands-on scenarios that rescuers might face in their work: fully loaded tractor-trailers and cars under trailers, etc. This course provides emergency responders with extensive hands-on and classroom training in the use of tow trucks, rescue struts, cribbing, and airbag systems to lift and stabilize heavy vehicles during realistic vehicle extrication scenarios. Personnel will operate in realistic conditions using the latest equipment available for vehicle rescue operations. *Participants must furnish approved helmet, turnout gear, eye protection, gloves, and boots for this class.*

All Fire and Rescue Service Personnel.

ETFR-5800 / 1 session / \$60

>145320 Sat 9am-4pm Sep 28

PRI Staff Instructors and FSTB Field Instructors



**“Great class, thanks for making
this an affordable and convenient
way to learn. Looking forward to
the Fire School in 2024.”**



LEARNING SEMINARS

Anatomy of a Disaster: The Risk of Modern Building and Maintenance

New construction pitfalls, remodel cost savings, poor upkeep and maintenance practices — what do they have in common? All can spell disaster when a fire breaks out both for the occupants and the responders. This class will look at several cases where decisions made, from modern home construction to the upkeep in large multi-residential unit buildings, led to disaster. By looking at these events, we might better prepare for our own responses.

All Fire and Rescue Service Personnel.

ETFR-5700 / 1 session / \$35

>**145323** Sat 1-4pm Sep 28

Brian Freese, Centralia - Peosta/National Ed. Center

Ag Safety

Fire Investigation: What You Need to Know

NEW This class is intended to cover the basics of fire investigation, directed to those just getting into fire investigation. It will also serve as a refresher to those who may have more experience in fire investigation. Topics covered include understanding fire behavior, recognizing basic fire patterns, recognizing the effects of ventilation, examination of the fire scene to determine the area of origin, scene preservation, and fire cause determination. In addition, understanding the State Fire Marshal's response policy and areas of coverage along with basic terminology and burn pattern analysis will be provided and re-enforced through multiple case studies with special emphasis on the investigation of fatality fires.

All Fire and Rescue Service Personnel.

ETFR-5700 / 1 session / \$35

>**145345** Sat 9am-12pm Sep 28

>**145352** Sat 1-4pm Sep 28

Lucas Ossman, Special Agent, State Fire Marshal Office

Image Trend — Getting the Data Back Out

NEW This course will assist you in how to make the data from the reports work for you. In addition, we will dig into the report writer functions of Image Trend and how to pull data out to help drive decisions made by your organization.

All Fire and Rescue Service Personnel.

ETFR-5700 / 1 session / \$35

>**145347** Sat 1-4pm Sep 28

Tomme Tysdal, Contractor, Fire Service Training Bureau

NFIRS/ Image Trend Basics

NEW This is a high-level introduction to the National Fire Incident Reporting System, including how the data collected impacts organizations, how you can improve your data collection by knowing common pitfalls, and how to get answers to your questions. This class focuses on the basics of good reporting that is applicable to all records management systems, but will focus on Image Trend.

All Fire and Rescue Service Personnel.

ETFR-5700 / 1 session / \$35

>**145348** Sat 9am-12pm Sep 28

Tomme Tysdal, Contractor, Fire Service Training Bureau

Mental Health for First Responders

NEW This course is designed to address the unique mental health challenges faced by first responders, including firefighters, law enforcement officers, emergency medical services personnel, and dispatchers. This class will provide an overview of mental health issues in the context of the demanding and high-stress environments encountered in emergency response professions. Through a combination of lectures, interactive discussions, case studies, and practical exercises, participants will learn effective strategies for recognizing, managing, and coping with stress, trauma, and burnout.

All Fire, EMS and Rescue Service Personnel.
(3.0 CEHs Pending Approval)

ETFR-5700 / 1 session / \$35

>**145305** Sat 1-4pm Sep 28

Emma Schutte, LMHC, Schutte Counseling, LLC.

Preplans and Operating at Buildings with a Fire Protection System

NEW Are you ready to respond to bigger buildings in your response area? This class will allow you to understand what information should be included on preplans and provide examples of preplan templates and software. Having the information available en route to a call or in the initial few minutes can change the outcome of the call. Also discussed will be operating at buildings that have a sprinkler and fire alarm systems. Sprinkler and fire alarm systems are becoming more and more common, not only in medium to large districts but also smaller rural areas. Having a basic knowledge of these systems and how they affect your response is critical.

All Fire and Rescue Service Personnel.

ETFR-5700 / 1 session / \$35		
>145346	Sat 9am-12pm	Sep 28
Shawn Fluharty, Marion Fire Department		

Recognizing the Warning Signs of Flashover and Fire Behavior (Hands-On)

NEW Each year, firefighters are seriously injured or killed in the line of duty when confronted by deteriorating conditions, rapid fire growth, and flashover. This class will utilize Drager's Swede Survival System in a safe, controlled environment helping firefighters recognize the key indicators of flashover to make risk-based decisions to avoid being caught in a flashover situation. The goal of this class is to increase firefighter awareness of flashover techniques and safety. Students will also learn fire behavior and smoke recognition with a burn lab. This will start with basic fire behavior and lead into tactical considerations on the fireground. This class has something to offer to all personnel, from new firefighters to the most seasoned officers. **Full NFPA-compliant protective clothing and SCBA will be required for all students involved in the hands-on portion of this course.**

All Fire and Rescue Service Personnel.

ETFR-5700 / 1 session / \$35		
>145355	Sat 9am-12pm	Sep 28
>145349	Sat 1-4pm	Sep 28

Assistant Chief Nick Dinges- Sublette Fire Dept, Chaon Hanson- Rock Island Fire Dept, Captain Tina Humston- North Liberty Fire Dept, Captain Tom Hartshorn- Iowa City Fire Dept



**Size Up: Understanding
and Interpreting Buildings**

NEW This is an interactive class that covers the basics of riding assignments on the rigs. This course is designed for the backwards-riding firefighter, all the way to the command level officer. Together, we will understand how single-family houses are built and the reasons behind their design. We will then look at houses to find out what the floor plan is. This is a crucial skill to be able to navigate through a house in limited or no visibility fires effectively.

All Fire and Rescue Service Personnel.

ETFR-5700 / 1 session / \$35

>145375	Sat 9am-12pm	Sep 28
>145374	Sat 1-4pm	Sep 28

Casey Carpenter, Fire Chief Cherokee

Trauma in Agriculture Emergencies

Accidents in agriculture happen in the blink of an eye. What are common injuries and how can first responders prepare for them? This course is going to look at various types of injuries, how we deal with them in the prehospital setting, and some of the considerations we must make for the best interest of our patients.

All Fire, EMS and Rescue Service Personnel.

(3.0 CEHs Pending Approval)

ETFR-5700 / 1 session / \$35

>145322	Sat 9am-12pm	Sep 28
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Brian Freese, Centralia - Peosta/National Ed. Center

Ag Safety



**“The hands-on was the best part
of the class, relating the classroom
information and the actual
evolutions was very helpful.”**

PERTINENT FIRE SCHOOL INFORMATION

PERSONAL PROTECTIVE EQUIPMENT

The following rules regarding personal protective equipment will apply for several hands-on classes at the CITA-Kirkwood Fire School. If “Personal Protective Equipment Requirements Apply” is indicated in the class description, students must provide the following equipment in order to participate. No exceptions will be made unless noted in the class description.

Personal protective equipment must include:

- Helmet (NFPA compliant)
- Protective hood
- Coat with liner (NFPA compliant)
- Pants with liner (NFPA compliant)
(Note: 3/4-length boots are not approved in place of pants.)
- Firefighting boots
- Gloves (Cal OSHA or NFPA compliant)
- Self-contained breathing apparatus (SCBA) with spare cylinder (Note: Cylinders under current hydrostatic test will be refilled at no cost.)

Exceptions to individual equipment items will be noted in the class descriptions. Individuals with beards, sideburns, or other hairstyles that interfere with the proper seal of a breathing apparatus face piece will not be allowed to participate in classes requiring SCBA use. Protective hoods over beards are not approved.

HEALTH WARNING

Certain programs offered require significant physical exertion and stamina. Persons with heart, respiratory, or other physical conditions that may be aggravated by this type of exertion, or that may hinder their participation, should not participate in the program. Please consult your physician regarding your participation.

AGE REQUIREMENT POLICY

All participants must be at least 18 years of age and must be fully covered by insurance. This policy has been implemented to ensure the safety of the students who attend classes at the CITA-Kirkwood Fire School.

DISCLAIMER

The 38th Annual Central Iowa Training Association and Kirkwood Community College Fire School, except as provided under Chapter 25-A of the Code of Iowa relating to tort claims, shall not be held liable for damages or injuries to students or persons participating in the school. Participants are advised to purchase individual insurance if their employer or Fire Department does not provide insurance coverage for injuries.

Kirkwood Community College is an equal access/equal opportunity institution in compliance with state and federal laws and does not discriminate on the basis of sex, race, color, creed, religion, national origin, age, disability, sexual orientation or marital status.

CODE OF CONDUCT

Your conduct while attending out of town educational programs or other fire service events should be no different than it would be at home in front of your families. Wherever you travel, the FD license plate, the blue light, the window decal, the Maltese cross on your jacket or tee shirt identifies you as a member of an honorable and proud profession. Your actions reflect not only upon you as an individual, but upon your fire department and the fire service as a whole. The public expects our actions to be above reproach on and off the emergency scene.



**VOLUNTEER FIREFIGHTER TRAINING
FUND CREDIT**

Due to partial funding through the Volunteer Firefighter Training Fund and the Paul Ryan Training Fund, individuals registering for the following courses have already received a reduction in fire school tuition. You or your department are still responsible for the cost listed for each class which includes the cost of your lunch and material fee(s), resource fees, etc.

- Auto Extrication Basics (Hands-On)
- Grain Bin Rescue (Hands-On)
- School Bus Rescue (Hands-On)
- Structural Firefighting (Hands-On)
- Vehicle Extrication – Big Rig Rescue (Hands-On)
- Fire and Safety Operations Training for Motorsports Venues (Hands-On)

FIRE SCHOOL COMMITTEE

- Kim Fensterman, Kirkwood Community College
- Brian Freese, Brotherhood First Training Group
- Shawn Fluharty, Marion Fire Department
- Richard Harman, Retired
- Dave Hughes, Kirkwood Community College
- Dustin Lux, Ryan Fire Department
- Al McCune, Hawkeye Fire Department
- Chuck Niehaus, Colesburg Fire Department
- Matt Powers, Hiawatha Fire Department
- John Zlabek, Hiawatha Fire Department

CITA BOARD MEMBERS

- Brian Courtney
Lisbon Fire Department, Linn County
- Spencer Culver
Coralville Fire Department, Johnson County
- Kim Fensterman
Kirkwood Community College, Linn County
- Jeremy Hlas
Van Horne Fire Department, Benton County
- Dan Miller
Marengo Fire Department, Iowa County
- Chuck Niehaus
Colesburg Fire Department, Delaware County
- John Novak
Tama Fire Department, Tama County
- Dan Paidar
Mechanicsville Fire Department,
Cedar County
- Mike Reuman
Tama Fire Department, Tama County
- Kevin Wieser
Delaware Fire Department, Delaware County
- John Zlabek
Hiawatha Fire Department, Linn County

EXHIBITOR TIMES

Manufacturers and dealers will be on site this year to assist with the Fire School and to answer your questions.

7:30 a.m. – 4 p.m.

MEALS

Lunch is included in the price of tuition and will be provided to all participants.

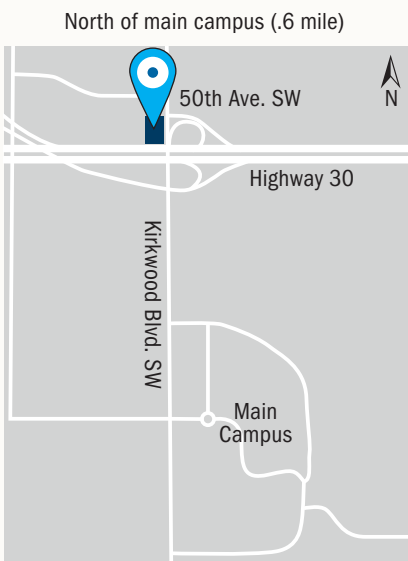
HOTELS

There are several accommodations available close to the Kirkwood campus. Please mention you are attending the CITA – Kirkwood Fire School, a Kirkwood Community College-sponsored event. Some suggested motels are:

The Hotel at Kirkwood Center	
7725 Kirkwood Blvd. SW	319-848-8700
AmericInn	
8910 Sixth St. SW	319-632-1800
Aspen Inn	
3233 S Ridge Dr. SW	319-363-9999
Econo Lodge	
622 33rd Ave. SW	319-363-8888
Fairfield Inn	
605 32nd Ave. SW	319-241-1000
Hampton Inn	
3265 Sixth St. SW	319-364-8144
Holiday Inn Express	
3320 Southgate Court SW	319-399-5025
Hometown Inn & Suites	
3315 Southgate Court SW	319-362-9012
Clarion Inn	
525 33rd Ave. SW	319-366-8671
Super 8	
400 33rd Ave. SW	319-363-1755
Howard Johnson	
616 33rd Ave. SW	319-366-2475
Comfort Inn South	
390 33rd Ave. SW	319-363-7934

LOCATION

The CITA-Kirkwood Fire School is held at the Kirkwood Continuing Education Training Center (KCETC), 101 50th Ave. SW, Cedar Rapids, Iowa.



REGISTRATION

Class sizes are limited — preregistration is required. To register, visit www.kirkwood.edu/fireschool, or call **319-398-1022**.

If calling, inform the registration staff that you are registering for the CITA-Kirkwood Fire School. Please include your full name, address, phone number, social security number, course title, and class ID number. Have alternative classes in mind in case the original class is full. You may pay by MasterCard, Visa, Discover, or American Express, or you can mail in a check.

If your department/service is responsible for payment, you will still be able to register over the phone – however, you must complete and submit the billing authorization form located on the last page of this brochure and Kirkwood will bill the company. If this is not done, you will be responsible for the charges. Invoices will not be sent to individuals. Billing for all registered participants will be done regardless of attendance.

BILLING AND REFUND POLICY

Individuals may register and bill their departments (a billing authorization form must be filled out and returned). Invoices will not be sent to individuals. Billing for all registered participants will be done regardless of attendance.

Please remember that lunch cost is part of your tuition. Registrations canceled before 5 p.m. on Sept. 26, 2024 will receive a full refund. Cancellations made after Sept. 26, 2024 will not be eligible for refunds.

CONFIRMATION

All participants that are registered prior to Sept. 16, 2024 will receive a confirmation letter. Those that register after Sept. 16 will need to pick up their confirmation at check-in. The confirmation packet will include a confirmation letter, name tag, and check-in information.



Sponsorship Billing Authorization:

Fill out the enrollment form below and fax to 319-398-7185.

To: Continuing Education, Kirkwood Community College
Date: _____

We authorize Kirkwood Community College to bill our fire department or entity listed below for the following listed student and class(es). We will assume responsibility for the cost of the course(s).

Continuing Education
6301 Kirkwood Blvd. SW
Cedar Rapids, IA 52404

38TH CITA – KIRKWOOD FIRE SCHOOL 2024

PLEASE PRINT LEGIBLY:

Student Name _____
Student Address _____
City _____ State _____ ZIP _____
Phone _____ Email Address _____
SSN or ID # _____ Date of Birth _____

Course No.	Class Title and Dates	Class Cost
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Contact numbers of student listed above:

Fire Station () _____ Home () _____
Work () _____ Cell Phone () _____

Please send the bill to the following name and address:

Fire Department Name _____
Attention _____
Address _____
City _____ State _____ ZIP _____
Phone _____ Email Address _____ Receive Invoices Via Email? Yes No
Approval Signature (required) _____
Print Authorized Name/Title (required) _____

Please note: If “NFPA-compliant equipment” is indicated in the class description, students must provide the listed equipment in order to participate. No exceptions will be made unless noted in the class description.

38TH CITA — KIRKWOOD FIRE SCHOOL

KIRKWOOD COMMUNITY COLLEGE | CEDAR RAPIDS, IOWA

Sept. 28, 2024



WWW.KIRKWOOD.EDU/FIRESCHOOL

Kirkwood
COMMUNITY COLLEGE

Continuing Education
6301 Kirkwood Blvd. SW
Cedar Rapids, Iowa 52404



Non-Profit Organization
U.S. Postage
Paid
Cedar Rapids, Iowa 52406
Permit No. 94